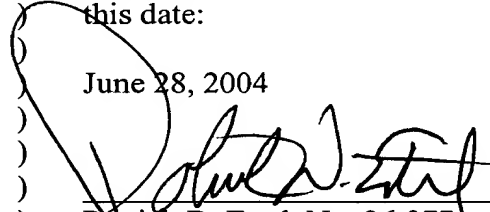


PATENT  
Attorney Docket No. 28655/37222

**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

Applicant: Alexander M. Rothacker	)	I hereby certify that this paper is being
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For: Incremental Weight Training	)	this date:
System, Apparatus, and Methods	)	June 28, 2004
	)	
Group Art Unit: 3764	)	Patrick D. Ertel, No. 26,877
Examiner: Tam M. Nguyen	)	Attorney for Applicant

**AMENDMENT "B"**

Commissioner for Patents  
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Sir:

This paper is in response to the official action dated February 26, 2004  
(hereafter, "the official action").

The **Complete Listing of Claims** begins on page 2 of this paper.

The **Remarks** section begins on page 6 of this paper.